

Dubai Sleep Medicine Conference

Saturday 14/11/2026
(DAY 3)

Time	Sessions	Speaker
09:00 - 10:30	Session 1:	
	Chairpersons: Dr Darus Abedipour	
09:00 – 09:20	The Evolving role of the ENT in obstructive sleep apnea: from diagnosis to personalized treatment	Dr Pierre El Chater
09:20 – 09:40	Home sleep Study medicine versus Inpatient Sleep Study medicine : What Should Be Done Where?	Dr Lilia
09:40 – 10:00	Assessment and management of Residual Sleepiness in OSAS	Dr Michel Ouayoun
10:00 – 10:20	OSAS Endotypes: Towards a customized treatment	Dr Darus Abedipour
10:20 – 10:30	Q&A	
10:30 - 11:00	Break & Exhibition Visit	
11:00 - 12:50	Session 2:	
	Chairpersons: Dr.Lilia	
11:00 - 11:20	TBC	Dr Mohamed Alhouqani
11:20 - 11:40	Palatopharyngoplasty Beyond UPPP: From "One-Size-Fits-All" to Phenotype-Directed Surgery	Dr Shailesh Khode
11:40 - 12:00	Drug - Induced Sleep Endoscopy (DISE)	To be followed?
12:00 - 12:20	Patient selection for Hypoglossal Nerve stimulation	Dr Mohamed Alali
12:20 - 12:40	Nasal valve surgery in OSA	Dr.Lilia
12:40 - 12:50	Q&A	
12:50 - 14:00	Lunch Break & Exhibition Visit	
14:00 - 16:10	Session 3:	
	Chairpersons:	
14:00 – 14:20	Association between upper Airway obstruction and craniofacial developpement	Dr Darus Abedipour
14:20 – 14:40	Sleep disorders and ADHD	Dr abdulla Alnakshabandi
14:40 – 15:00	Dental appliances for OSA in Children (To be followed)	Dr Rafif Tayarah
15:00 – 15:20	Medical treatment of OSAS: a growing Reality	Dr Michel Ouayoun
15:20 – 15:40	GLP-1 Receptor Agonists and the Emerging Medical Treatment of OSA	Dr Ali Alkhazaali
15:40 – 16:00	Dental appliances for OSA in adults (To be followed)	Dr Abdulhakim Alghariani
16:00 - 16:10	Q&A	
16:10 - 16:30	Break & Exhibition Visit	
16:30 - 17:30	Session 4:	
	Chairpersons: Dr.Pierre El Chater	
16:30 - 17:30	Hands On Workshop: Oral Appliance Therapy for Obstructive Sleep Apnea From Patient Selection to Successful Titration A practical, step-by-step workshop covering the clinical use of Oral Appliance Therapy (OAT) in OSA. ● Patient selection and clinical assessment ● Choosing the appropriate oral appliance ● Bite registration and initial mandibular advancement ● Clinical titration and optimization ● Managing side effects and adherence ● Assessing treatment efficacy with HSAT/sleep studies ● Long-term follow-up and multidisciplinary care	Dr.Pierre El Chater / Dr Darus Abedipour
End of Dubai Sleep Medicine Conference		